

# 4 Reasons Why You Should Be Putting Moringa On Your Face (And Everywhere Else) ASAP

Moringa is the new matcha, dontcha know.



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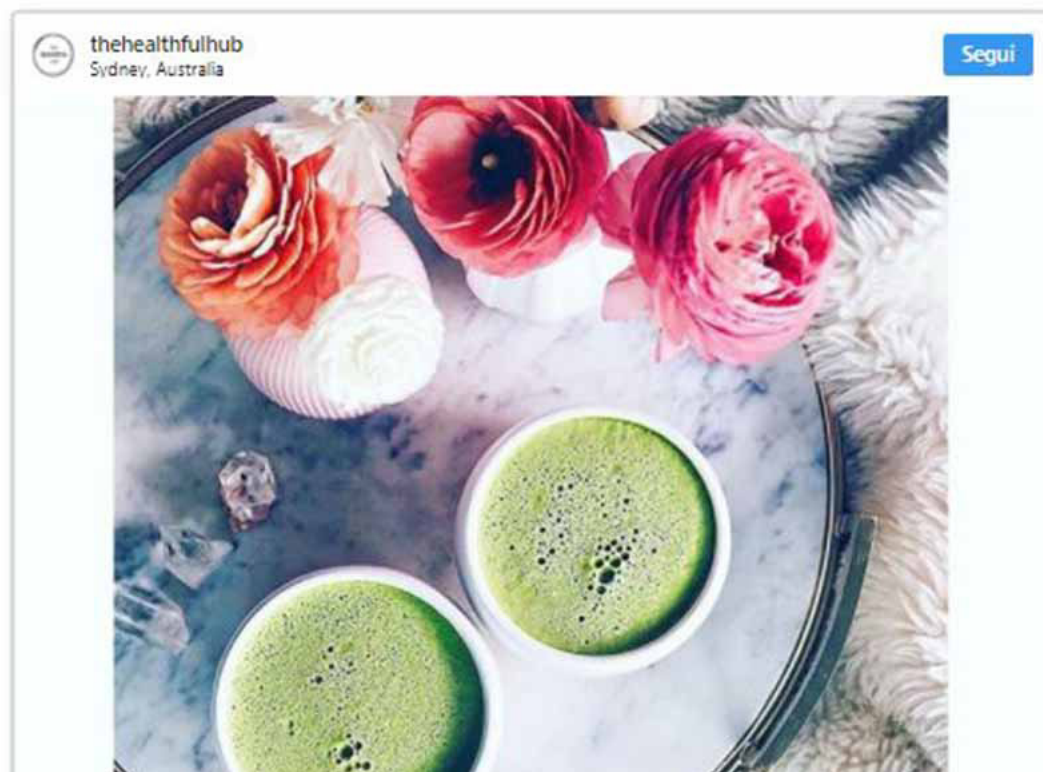


Matcha and turmeric can move over for a second, because there's another natural ingredient making a buzz in the beauty sphere - and there isn't much it can't do.

Enter the (not so) humble moringa leaf.

The unassuming plant's oils and extracts have actually been used in herbal medicinal practises for centuries, but it's suddenly gaining traction amongst nutritionists and skin and hair specialists alike, with luxe beauty brands such as UMA, Farmacy and Herbatint, to name but a few, all jumping on board.

Here's why you should be putting moringa on your face (and everywhere else) ASAP...



## MOST POPULAR



How To Use Coconut Oil On Your Face

## 2. Hair

### Moringa Will Give You Your Softest, Strongest Hair Ever

Argan, coconut, macadamia - if your hair is prone to frizz, breakage and parched ends, you probably think you've tried all of the hair oils out there, but stylists and colourists are touting moringa oil as the next best thing in hair-care - and we can vouch for that - our lengths have never felt softer.

'Many of my clients want natural hair products that don't compromise on the effectiveness of the results and moringa is a great place to start,' says Theo Bambacas, master colourist at Supernatural salon.

'It's a powerhouse ingredient to apply to your hair because it has a large variety of rich minerals including zinc (essential for healthy hair production) and antioxidants to help boost keratin production. It helps restore strength, promote hair growth and repair damage.'



Try...

- [Herbatint Organic Moringa Repair Shampoo](#), £9.99 and [Conditioner](#), £10.99

99.8% of the ingredients in Herbatint's shampoo and conditioner duo are of natural origin but don't underestimate their ability to totally transform lacklustre lengths. Expect a shine to rival a shampoo-ad model and less breakage. P.S. They're both sulphate free, so perfectly safe for coloured or [keratin-treated hair](#).